

HOLY SATURDAY MORNING PRAYER



Sit quietly in the presence of God.

*Gaze at the image and Julian Tenison Woods' words
and allow them to draw you more deeply
into the sorrow and emptiness of this day of Holy Week.*

“God gives to each the weight that he or she can bear.”

Julian Tenison Woods

When evening fell, a wealthy man from Arimathea named Joseph, who had become a disciple of Jesus, came to request the body of Jesus; Pilate issued an order for its release. Taking the body, Joseph wrapped it in fresh linen and laid it in his own tomb, which had been hewn out of rock. Then Joseph rolled a huge stone across the entrance of the tomb and went away. But Mary of Magdala and the other Mary remained sitting there, facing the tomb.

The next day – the one following the Day of Preparation – the chief priests and the Pharisees called at Pilate’s residence and said, “We recall that, while he was alive, the impostor made the claim, ‘After three days I will rise again.’ Therefore, please issue an order to keep the tomb under surveillance until the third day. Otherwise, Jesus’ disciples might go and steal his body and tell people, ‘Jesus has been raised from the dead!’ This final deception would be worse than the first.”

Pilate said to them, “You have a guard. Go and secure the tomb as best you can.” So they went to seal the tomb and post a guard.

Matthew 27: 57-65

Reflection: What am I waiting for that will renew my energy for life?

Take time to bring your reflection to God in prayer.

Blessing: Grace us with comfort in our sorrow, empathy with the bereaved, solidarity with those who suffer, patience with those who wait and silence when words are not enough, Living God. Amen

Adapted from: Act Love Pray – Praying in the Josephite Spirit.